

## PROGRAM/PROGRAMME

### 10. STUDENTSKI KONGRES HRANA-ISHRANA-ZDRAVLJE SA MEĐUNARODNIM UČEŠĆEM

### 10<sup>TH</sup> STUDENT CONGRESS FOOD-NUTRITION-HEALTH WITH INTERNATIONAL PARTICIPATION

Sarajevo, 13.-15.11.2025.

<b>PRVI DAN/FIRST DAY, 13.11.2025.</b> "Ibis Styles" hotel		
18:00-21:00	<b>Program svečanog otvaranja/ Opening ceremony programme</b>	
19:00-19:30	<b>Plenarno predavanje/Plenary lecture</b>	
	<b>Prof. dr Eva Kamerer</b> , Filozofski fakultet Univerziteta u Beogradu, Srbija/Faculty of Philosophy – University of Belgrade, Serbia	JESTI BRZO, JESTI SPORO? Filozofska razmišljanja o hrani/EATING FAST, EATING SLOW? Philosophical thoughts on food
19:30-21:00	<b>Svečani koktel/Coctail party</b>	

<b>DRUGI DAN/SECOND DAY, 14.11.2025.</b> "Ibis Styles" hotel, sala 1 "Ibis Styles" hotel, Conference room 1		
<b>Sekcija 3: ISHRANA TOKOM ŽIVOTNOG CIKLUSA</b> <b>Section 3: NUTRITION THROUGH THE LIFE CYCLE</b>		
<b>MODERATOR</b> <b>Prof. dr Vildana Džemidžić</b>		
08:00-09:00	Registracija učesnika/ Registration of participants	
09:00-09:15	<b>Kustura Hana</b> , Univerzitet u Sarajevu- Poljoprivredno-prehrambeni fakultet/ University of Sarajevo-Faculty of Agriculture and food science	Faktori rizika u ishrani za nezarazne bolesti među odraslom populacijom u Bosni i Hercegovini/ Dietary risk factors for Noncommunicable diseases among the adult population in Bosnia and Hercegovina
09:15-09:30	<b>Mujezinović Ema</b> , Univerzitet u Sarajevu-Pedagoški fakultet/University of Sarajevo-Faculty of Education	Problem pretilosti kod učenika 4. i 5. razreda osnovne škole/The Problem of Obesity Among 4th and 5th Grade Elementary School Students
09:30-09:45	<b>Begić Jasmina</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/University of Sarajevo-Faculty of Pharmacy	Svjesno jedenje – koncept, pristup i alati za testiranje/Mindful eating – concept, approach, and assessment tools
09:45-10:00	<b>Jusić Anida</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/University of Sarajevo-Faculty of Pharmacy	Svjesno jedenje kao metod za kontrolu tjelesne mase/Mindful eating as a method for body weight control
10:00-10:15	<b>Popara Sara i Vrabac Selma</b> ,	Genom kao osnova za kreiranje

	Univerzitet u Sarajevu-Farmaceutski fakultet/University of Sarajevo-Faculty of Pharmacy	personalizirane prehrane/The genome as a basis for creating personalized nutrition
10:15-10:30	<b>Kafe pauza/Coffee break</b>	
<b>MODERATOR</b> <b>prof. dr Radivoj Jadrić</b>		
10:30-10:45	<b>Vukman Tanja</b> , Farmaceutski fakultet Novi Sad, Srbija/Faculty of Pharmacy Novi Sad, Serbia	Značaj mikrobiote za normalne životne funkcije/The importance of the microbiota for normal vital functions
10:45-11:00	<b>Čolpa Meliha</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Relativna energetska deficijencija u sportu: budući izazovi u fizioterapiji/Relative energy deficiency in sport: future challenges in physiotherapy
11:00-11:15	<b>Barudžija Sandra</b> , Univerzitet u Beogradu, Fakultet veterinarske medicine, Srbija/ University of Belgrade, Faculty of Veterinary Medicine	Značaj primene sireva sa dugim zrenjem u ishrani ljudi/The Importance of Consumption Long-Ripened Cheeses in Human Nutrition
11:15-11:30	<b>Pantić Branislava</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Magareće mleko kao potencijalna alternativa majčinom mleku kod dece-nutritivni i medicinski aspekti/Donkey milk as a potential alternative to mother's milk in children - nutritional and medical aspects
11:30-11:45	<b>Dukić Iva</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Analiza tržišta i stavova proizvođača kozjeg mleka na području Novog Sada/Market analysis and attitudes of goat milk producers in the Novi Sad area
11:45-12:30	<b>Kafe pauza/Coffee break</b>	
<b>Stručno predavanje</b>		
12:30-13:00	<b>Prof.dr Radivoj Jadrić</b> , Univerzitet u Sarajevu-Medicinski fakultet/University of Sarajevo-Faculty of Medicine	Expounding Myths with Medical Biochemistry/Razbijanje mitova pomoću medicinske biohemije
<b>Sponzorsko predavanje kompanije "Bosnalijek"/ Sponsored lecture-Company "Bosnalijek"</b>		
13:00-13:45	<b>Prim. dr Meliha Mehić, specijalista kliničke farmakologije</b> , rukovodilac odjela medicinske podrške, BOSNALIJEK	Vitamini-abeceda zdravlja/Vitamins-alphabet of health
13:45-14:00	<b>Pauza/Prezentacije postera</b> <b>Break/Poster presentations</b>	

14:00-16:00	<b>Okrugli sto/Roundtable discussion</b>	
	Moderatori/Moderators  <b>Prof. dr Davor J. Korčok</b> <b>Prof. dr Kenan Čaklovica</b>	<b>Tema:</b> Aktuelna problematika u poštivanju i tumačenju regulative u oblasti sigurnosti hrane-dijalog akademske zajednice, privrednika i inspeksijskih organa <b>Topic:</b> Current issues in compliance and interpretation of regulations in sector of food safety-dialogue of academia, businessmen and inspection bodies

<b>DRUGI DAN/SECOND DAY, 14.11.2025.</b>		
"Ibis Styles" hotel, sala 2 "Ibis Styles" hotel, Conference room 2		
<b>Sekcija 2: TOKSIKOLOGIJA I SIGURNOST HRANE I OKOLIŠA</b> <b>Section 2: FOOD AND ENVIRONMENT TOXICOLOGY AND SAFETY</b>		
<b>MODERATOR</b> <b>prof. dr Alisa Tiro</b>		
08:00-09:00	Registracija učesnika/ Registration of participants	
09:00-09:15	<b>Alić Elmin</b> , Univerzitet u Sarajevu-Veterinarski fakultet/ University of Sarajevo-Faculty of Veterinary medicine	Uticaj društvenih mreža na trovanje hranom: slučaj sirovog mlijeka/The impact of social media on food poisoning: the case of raw milk
09:15-09:30	<b>Pavlis Aleksa</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Percepcija potrošača i senzorna procena razblaženog mleka: procena informisanosti i pragova uočljivosti/Consumer perception and sensory assessment of diluted milk: evaluating awareness and detection limits
09:30-09:45	<b>Peurača Đorđe</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Aflatoksin sa aspekta proizvođača i potrošača/Aflatoxin: Perspectives of Producers and Consumers
09:45-10:00	<b>Bisić Iman i Tanković Nedim</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Budućnost proizvoda od kanabisa na tržištu Bosne i Hercegovine/The future of cannabis products in Bosnia and Herzegovina
10:00-10:30	<b>Kafe pauza/Coffee break</b>	
<b>Sekcija 1: PRIMARNA PROIZVODNJA I PRERADA HRANE</b> <b>Section 1: PRIMARY PRODUCTION AND PROCESSING OF FOOD</b>		
<b>MODERATOR</b> <b>prof. dr Aleksandra Porobić</b>		
10:30-10:45	<b>Hadžibajramović Merjem</b> , Univerzitet u Sarajevu-Veterinarski fakultet/ University of Sarajevo-Faculty of Veterinary medicine	Unapređenje veterinarske nauke o mesu: Pristup obrazovanju pomoću 3D tehnologije i virtuelne stvarnosti/Enhancing Veterinary Meat Science: A 3D and Virtual Reality Approach to Education
10:45-11:00	<b>Buljina Azra</b> , Univerzitet u Sarajevu-Veterinarski fakultet/ University of	Uticaj različitih faktora na histologiju poprečno-prugastog mišićnog tkiva/The

	Sarajevo-Faculty of Veterinary medicine	Influence of Various Factors on the Histology of Striated Skeletal Muscle Tissue
11:00-11:15	<b>Sekulić Ognjen</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Dobrobit goveda i kvalitet hrane: povezanost i zakonodavni okvir u Srbiji i EU/Cattle Welfare and Food Quality: Connections and Legislative Framework in Serbia and the EU
11:15-11:30	<b>Pajić Katarina</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Kobilje i magareće mleko: od tradicije do regulatornog nadzora/Mare and Donkey Milk: From Tradition to Regulatory Oversight
11:30-12:30	<b>Kafe pauza/Coffee break</b>	
	<b>Stručno predavanje</b>	
12:30-13:00	<b>Prof.dr Radivoj Jadrić</b> , Univerzitet u Sarajevu-Medicinski fakultet/University of Sarajevo-Faculty of Medicine	Expounding Myths with Medical Biochemistry/Razbijanje mitova pomoću medicinske biohemije
	<b>Sponzorsko predavanje kompanije "Bosnalijek"/ Sponsored lecture-Company "Bosnalijek"</b>	
13:00-13:45	<b>Prim. dr Meliha Mehić, specijalista kliničke farmakologije</b> , rukovodilac odjela medicinske podrške, BOSNALIJEK	Vitamini-abeceda zdravlja/Vitamins-alphabet of health
13:45-14:00	<b>Pauza/Prezentacije postera Break/Poster presentations</b>	
	<b>Okrugli sto/Roundtable discussion</b>	
14:00-16:00	Moderatori/Moderators  <b>Prof. dr Davor J. Korčok</b> <b>Prof. dr Kenan Čaklović</b>	<b>Tema:</b> Aktuelna problematika u poštivanju i tumačenju regulative u oblasti sigurnosti hrane-dijalog akademske zajednice, privrednika i inspekcijских organa <b>Topic:</b> Current issues in compliance and interpretation of regulations in sector of food safety-dialogue of academia, businessmen and inspection bodies

**TREĆI DAN/THIRD DAY, 15.11.2025.**

"Ibis Styles" hotel, sala 1

"Ibis Styles" hotel, Conference room 1

**Sekcija 4: DIJETOTERAPIJA****Section 4: DIETOTHERAPY****MODERATOR****prof. dr Sanela Rustempašić**

08:00-09:00	Registracija učesnika/ Registration of participants	
09:00-09:15	<b>Alić Ismihan</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Utjecaj prehrambenih navika na parametre lipidnog statusa/The impact of dietary habits on lipid status parameters
09:15-09:30	<b>Džafić Nadina</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Primjena imunomodulatornih enteralnih formula u optimizaciji imunološke funkcije i nutritivnog statusa pacijenata/Application of immunomodulatory enteral formulas in optimizing immune function and nutritional status of patients
09:30-09:45	<b>Bajrović Merisa</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Uloga probiotika, prebiotika i sinbiotika u optimizaciji crijevne mikrobiote kod žena sa sindromom policističnih jajnika/The role of probiotics, prebiotics and synbiotics in optimizing the gut microbiota in women with polycystic ovary syndrome
09:45-10:00	<b>Gazdić Nur-Esma</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Uloga polifenola u očuvanju reproduktivnog zdravlja žena/the role of polyphenols in preserving women's reproductive health
10:00-10:30	<b>Kafe pauza/Coffee break</b>	
	<b>MODERATOR</b>	
	<b>prof. dr Irma Čehić</b>	
10:30-10:45	<b>Arnautović Arnela</b> , Tehnološki fakultet Univerziteta u Tuzli/Faculty of Technology, University of Tuzla	Uloga stabilnog unosa vitamina K u kontroli INR vrijednosti kod pacijenta na terapiji varfarinom: studija slučaja/The role of stable vitamin K intake in the control of INR values in a patient on warfarin therapy: a case study
10:45-11:00	<b>Durak Belma i Halilović Almedina</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Jestive vakcine: Aktuelni status i buduće perspektive/The research on edible vaccines: Current status and future perspectives
	<b>Sekcija 5: MODERN FOOD DIAGNOSTICS AND ANALYSIS</b>	
	<b>Section 5: SAVREMENA DIJAGNOSTIKA I ANALITIKA HRANE</b>	
	<b>MODERATOR</b>	
	<b>prof. dr Irma Čehić</b>	
11:00-11:15	<b>Fazlić Dženeta</b> , Univerzitet u Sarajevu- Poljoprivredno-prehrambeni	Određivanje sadržaja polifenolnih spojeva u odabranim sortama <i>Cucurbita</i>

	fakultet/ University of Sarajevo-Faculty of Agriculture and food science	<i>pepo L.</i> /Determination of Polyphenolic Compounds in Selected <i>Cucurbita pepo L.</i> Varieties
11:15-11:30	<b>Ligata Nađa</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	AI u kontroli kvaliteta hrane/AI in food quality control
11:30-12:00	<b>Pauza/Prezentacije postera</b> <b>Break/Poster presentations</b>	
	<b>Završetak kongresa/ Congress closure</b>	

<b>TREĆI DAN/THIRD DAY, 15.11.2025.</b>		
"Ibis Styles" hotel, sala 2 "Ibis Styles" hotel, Conference room 2		
<b>Sekcija 2: TOKSIKOLOGIJA I SIGURNOST HRANE I OKOLIŠA</b> <b>Section 2: FOOD AND ENVIRONMENT TOXICOLOGY AND SAFETY</b>		
<b>MODERATOR</b> <b>Prof. dr Aleksandra Porobić</b>		
08:00-09:00	Registracija učesnika/ Registration of participants	
09:00-09:15	<b>Ahmespahić Vedad</b> , Univerzitet u Sarajevu-Medicinski fakultet/University of Sarajevo-Faculty of Medicine	Utvrđivanje prisustva koagulaza-pozitivnog <i>Staphylococcus aureus</i> u uzorcima gotovih hladnih jela i soseva serviranih na području Sarajeva/Determining the Presence of Coagulase-positive <i>Staphylococcus aureus</i> in Samples of Ready Cold Meals and Sauces Served in the Sarajevo Area
09:15-09:30	<b>Biber Ilhana</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Kontaminacija hrane patogenim mikroorganizmima – Pregled iz RASSF baze/Contamination of Food with Pathogenic Microorganisms – Overview from the RASFF Database
09:30-09:45	<b>Osmanović-Zukić Emira</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Fizičke opasnosti u lancu hrane-rizici po zdravlje ljudi i mjere prevencije/ Physical hazards in the food chain: Risks to human health and prevention measures
09:45-10:00	<b>Malkić Mirsad</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Javnozdravstveni rizici vodosnabdjevanja u kriznim situacijama u Bosni i Hercegovini/Public health risks of water supply in crisis situations in Bosnia and Herzegovina
10:00-10:30	<b>Kafe pauza/Coffee break</b>	
<b>Sekcija 2: TOKSIKOLOGIJA I SIGURNOST HRANE I OKOLIŠA</b> <b>Section 2: FOOD AND ENVIRONMENT TOXICOLOGY AND SAFETY</b>		
<b>MODERATOR/MODERATOR</b> <b>Viši asistent Aida Lugušić</b>		
10:30-10:45	<b>Duraković Lamija i Kovačević Milica</b> , Univerzitet u Sarajevu-Prirnodno-matematički fakultet/University of Sarajevo-Faculty	Prah neema u ishrani i zdravlju: Preliminarni <i>in vitro</i> rezultati o genotoksičnim efektima/Neem powder in nutrition and health: Preliminary <i>in vitro</i>

	of Science	results of genotoxic effects
10:45-11:00	<b>Konjhodžić Farah</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Medicinska upotreba kanabisa - terapijski potencijal i izazovi/Medicinal use of Cannabis - Therapeutic potential and challenges
11:00-11:15	<b>Fulurija Lejla</b> , Univerzitet u Sarajevu-Veterinarski fakultet/ University of Sarajevo-Faculty of Veterinary medicine	Procjena radijacionog rizika od konzumacije divljih gljiva/Assessment of radiation risk from consumption of wild mushrooms
11:30-12:00	<b>Pauza/Prezentacije postera</b> <b>Break/Poster presentations</b>	
	<b>Završetak kongresa/ Congress closure</b>	

<b>Prezentacije postera/Poster presentations</b> <b>DRUGI DAN/SECOND DAY, 14.11. 2025.</b> <b>13:45-14:00</b> <b>TREĆI DAN/THIRD DAY, 15.11.2025.</b> <b>11:30-12:00</b>		
<b>POSTER SEKCIJA/POSTER SESSION</b> <a href="https://hiz.unsa.ba/">https://hiz.unsa.ba/</a>		
<b>2-P-1</b>	<b>Burić Malik</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Povezanost ishrane i toksičnog stresa kod djece: pregled literature s naglaskom na ulogu nutritivnih deficita u pogoršanju toksičnog stresa i njihovim dugoročnim posljedicama/Correlation between nutrition and toxic stress in children: a literature review with emphasis on the role of nutritional deficiencies in exacerbating toxic stress and their long-term consequences
<b>2-P-2</b>	<b>Fočo Azra</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Detekcija <i>Enterococcus faecalis</i> u bunarskoj netretiranoj vodi/ Detection of <i>Enterococcus faecalis</i> in untreated well water
<b>2-P-3</b>	<b>Malkić Mirsad</b> , Univerzitet u Sarajevu-Fakultet zdravstvenih studija/University of Sarajevo-Faculty of Health sciences	Javnozdravstveni rizici trovanja hranom u kriznim situacijama u Bosni i Hercegovini/Public health risks of food poisoning in crisis situations in Bosnia and Herzegovina
<b>3-P-1</b>	<b>Buza Azra</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Postbiotici–novi perspektivan pristup unapređenju zdravlja crijeva i probave/Postbiotics-a new promising approach to improving gut and digestive health
<b>3-P-2</b>	<b>Jusufbegović Lejla</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of	Naučna zasnovanost reklame za kurkumu: kritička recenzija/Scientific Basis of Turmeric Advertising: A Critical Review

	Pharmacy	
<b>3-P-3</b>	<b>Pepić Lejla</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Informiranost potrošača o dodacima prehrani u Kantonu Sarajevo/Consumer awareness of dietary supplements in the Sarajevo Canton
<b>3-P-4</b>	<b>Šešum Jovana</b> , Poljoprivredni fakultet, Departman za veterinarsku medicinu, Univerzitet u Novom Sadu, Srbija/Faculty of Agriculture, Departement for Veterinary medicine, University of Novi Sad, Serbia	Upotreba kolostruma u prehrani sportista i njegovi efekti na atletske performanse/The Use of Colostrum in Sports Nutrition and Its Effect on Athletic Performance
<b>4-P-1</b>	<b>Mekić Berina</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Podrška kontroli tjelesne mase u Kantonu Sarajevo: perspektiva pacijenata/Support for body weight management in Sarajevo Canton: patients' perspective
<b>5-P-1</b>	<b>Alibegić Dženita</b> , Univerzitet u Sarajevu-Farmaceutski fakultet/ University of Sarajevo-Faculty of Pharmacy	Ekstrakcija i karakterizacija fenolnih spojeva iz biljke <i>Achillea millefolium</i> /Extraction and characterization of phenolic compounds from the plant <i>Achillea millefolium</i>
<b>5-P-2</b>	<b>Begović Jasmina</b> , Studij Farmacija, Univerzitet „Džemal Bijedić“ u Mostaru/Department of Pharmacy, “Džemal Bijedić” University of Mostar	Analiza sadržaja polifenola i antocijana u komercijalno dostupnim voćnim i biljnim čajevima/Analysis of polyphenol and anthocyanin content in commercially available fruit and herbal teas