

GUIDELINES FOR THE AUTHORS

General conditions

- Proceedings submission is possible only through the official website of the Congress. The deadline for the submission is **September 30th 2025**. proceeding must be written in accordance to guidelines given in the further text.
- After reviewing process The Scientific Committee will decide on (un)accepting the proceeding and will inform the authors. Information on acceptance or rejection will be notified by e-mail until November 1th 2025.
- The author/s shall indicate the section in which they want to present their work as well as preferred presentation format (oral or poster) of the submitted proceeding. However, the Scientific Committee will decide over the final presentation format.
- Abstract and title should both be written in one of the official languages in BiH and also in English. Main text should be written in English only. **The translation from English to Bosnian/Croatian/Serbian language will be provided for those authors who do not speak any of the official languages in BiH.**
- The number of authors is limited to 7 per proceeding, including the presenting author
- A person can be presenting author for a maximum of two proceedings.
- Once submitted proceedings cannot be updated with new data.
- It is important to state an e-mail address of the corresponding author in order to receive information about the submitted proceeding.
- Oral presentations should not be longer than 10 minutes.
- Size of the posters is 70x100 cm, vertical orientation, presenting schedule will be announced later on.
- In submitting the proceeding, the authors also grants the organizer of the Student Congress "Food-Nutrition-Health" the right to publish proceedings on official web page of the Congress.
- **Authors should write and submit only entirely their original works. Any work performed by others should be properly cited. Any type of plagiarism (pretending someone else's paper is one's own, or reproducing by substantial amount and paraphrasing others work without citation) is unethical and not acceptable.**
- Proceeding submission through the submission system on official web page of the Congress assumes full acceptance of all these criteria by authors. The Scientific Committee reserves the right to reject any proceeding, if it is not adapted to any of these criteria.

CONGRESS SECTIONS

Proceedings can be submitted in only one of the following sections. Authors can skip this selection. If the selection is made by the corresponding author, the Scientific Committee reserves the right to change the section originally chosen.

1. Primary production and processing of food
2. Food and environment toxicology and safety
3. Nutrition through the life cycle

4. Dietotherapy
5. Modern food diagnostics and analysis

GUIDELINES FOR THE PREPARATION OF PROCEEDING

Format and content

It is necessary to follow the given format and style of proceeding. The Scientific Committee or the reviewers will not make any additional format or content corrections. The proceedings that fail to meet these criteria will be sent to authors for the corrections.

Proceedings should be written in Word for Windows, in English (either standard British or American English, but consistent throughout) with single line spacing (Times New Roman, font size 12), justified alignment, A4 page size, with normal margins of 2,5 cm (maximal length of the proceeding is limited to 4 pages)

Latin words as well as names of the species should be written in italic, e.g. *in vivo*, *ibid*, *Artemisia annua* L etc.

Structure of the proceeding

Proceeding should include title (written in one of the official languages in BiH and also in English), authors and affiliations, abstract (written in one of the official languages in BiH and also in English), main text and list of references.

For the preparation of the proceeding authors should use the template that can be found on the official webpage of the Congress (Template for the proceedings).

Title should be written using theme font Times New Roman, font size 12, bolded, central alignment, first capital letter only in first word (Sentence case). Maximal length of title is 30 words.

Names of the authors should be written using theme font Times New Roman, font size 12, font style regular, justified alignment. Name should be written with only the first letter capitalized, and surname in all capital letters.

The affiliations should be in regular Times New Roman, font size 10 and centered.

Abstract should indicate the aims of the work, the main results and conclusions. Single line spacing, justified text, theme font Times New Roman, font size 12. maximum length of the abstract should be 200 words and must include keywords (maximum 5).

For the Keywords use theme font Times New Roman, font size 12, italic, left alignment. Divide keywords with commas, with no period at the end.

Main text (written only in English) should have the following form:

Introduction- should include the aim of the research and a concise description of background information and related studies directly connected to the paper.

Experimental-gives the details of the methodology used, described in sufficient detail to enable experienced persons to repeat them. Standard procedures should be referenced and only

modifications described in detail. For the proceeding in form of reviews, types of review methodologies should be described.

Results and Discussion-should include concisely presented results and their significance discussed and compared to relevant literature data.

Conclusion- briefly summarizes the principal conclusions, answering the defined aims of study.

Author contributions- for the proceeding with several authors, short paragraph which describes specific contribution of each author. It should include statements: "Conceptualization, X.X. and Y.Y.; methodology, X.X.; investigation, X.X.; writing—original draft preparation, X.X.; writing—review and editing, X.X.; visualization, X.X.; supervision, X.X.; All authors have read and agreed to the published version of the proceeding". **Authorship should be limited only to those who have made significant contribution to the overall study.**

Funding: For the proceedings that received any kind of financial support use the phrase: "This research was funded by NAME OF FUNDER, grant number XXX". If the work did not received fundings it should put a statement: "This work did not receive funding".

Informed Consent Statement: optional; use the phrases: "Informed consent was obtained from all subjects involved in the study." or "Patient consent was waived due to REASON (please provide a detailed justification)." or "Not applicable" for studies not involving humans.

Acknowledgments: optional; in this section all who made contributions, but are not listed as authors or in funding section, can be mentioned. This can include administrative or technical support, or donations in kind (e.g., materials used for experiments).

Conflicts of Interest: declare conflict of interest or put a statement: "The authors declare no conflicts of interest."

References: It is important that every reference cited in the text is also present in the reference list (and vice versa). Unpublished results and personal communications are not recommended in the reference list, but may be mentioned in the text. All the references included in the reference list should follow the standard reference style. No more than 15 references should be cited in your proceeding. In the text refer to the author's name (without initials) and year of publication (e.g. "Steventon, Donald and Gladden (1994) studied the effects..." or "...similar to values reported by others (Anderson, Douglas, Morrison, et al., 1990)..."). Type the names of the first three authors at first citation. At subsequent citations use first author et al. The list of references should be arranged alphabetically by authors' names and should be as full as possible, listing all authors, the full title of articles and journals, publisher and year.

Examples of reference style:

- Reference to a journal publication: Bemrah, N., Leblanc, J.C., Volatier, J.L. (2008). Assessment of dietary exposure in the French population to 13 selected food colours, preservatives, antioxidants, stabilizers, emulsifiers and sweeteners. Food Additives & Contaminants: Part B: Surveillance, 1(1), 2-14.
- Reference to a book: Shibamoto, T., Bjeldanes, L. (2009). Introduction to Food Toxicology. (2nd Ed.) Academic Press.

- Reference to a chapter in an edited book: Gould, G.W., Russell, N.J. (2003). Sulfite. In: Russell, N.J. & Gould, G.W. (Eds.). Food Preservatives. (p.p. 85-101). Springer, Boston, MA.
- Reference to a proceeding: Bonaccio, M., Di Castelnuovo, A., Constanzo, S., Ruggiero, E., Donati, M.B., de Gaetano, G., Iacoviello L. (2023). Combination of Adherence to a Traditional Mediterranean Diet and Ultra-Processed Food Consumption in Relation to All-Cause and Cardiovascular Mortality: Prospective Findings from the MoliSani Study, in Proceedings of The 14th European Nutrition Conference FENS 2023), Belgrade, Serbia, 91(1), 79; <https://doi.org/10.3390/proceedings2023091079>
- Websites: European Food Safety Authority, <https://www.efsa.europa.eu/en>, (01/07/2024).
- Official Gazette or regulations: Rulebook on Food Additives. (2018). Official Gazette of BiH, 33/18

